

# HUNGRY JACK OUTFITTERS' MENU PLANNER

Name on reservation: \_\_\_\_\_

Arrival date: \_\_\_\_\_ Group Size: \_\_\_\_\_  
 Estimated Arrival Time: \_\_\_\_\_

*Please check the meals your group would like while on your trip. You need to pick one more lunch than dinners or breakfasts. EXAMPLE: for a 5-day trip you need 4 breakfasts, 5 lunches and 4 dinners. You may repeat meals by indicating how many times you want that meal. Meals are packed for the whole group; exceptions are made only for special diets.*

## Breakfasts

- First day breakfast provided at our base
- \_\_\_\_\_ Fresh eggs, bacon, English muffin, jelly, Breakfast drink
  - \_\_\_\_\_ Pancakes w/maple syrup, breakfast sausage, Breakfast drink
  - \_\_\_\_\_ Bagels and cream cheese, fresh orange, Breakfast drink
  - \_\_\_\_\_ Outrageous Outback Oatmeal, snack bar, Breakfast drink
  - \_\_\_\_\_ Clif bars, fresh orange, Breakfast drink
  - \_\_\_\_\_ Cold cereal and milk, snack bar, Breakfast drink
  - \_\_\_\_\_ Granola w/ blueberries & milk, snack bar, Breakfast drink

## Beverages

- Please indicate how many in your group would like the following beverages.
- \_\_\_\_\_ Breakfast drink only
  - \_\_\_\_\_ coffee, \_\_\_\_\_ ground \_\_\_\_\_ instant
  - \_\_\_\_\_ decaf coffee, \_\_\_\_\_ ground \_\_\_\_\_ inst
  - \_\_\_\_\_ creamer \_\_\_\_\_ sugar
  - \_\_\_\_\_ black tea \_\_\_\_\_ decaf black tea
  - \_\_\_\_\_ green tea \_\_\_\_\_ herbal tea
  - \_\_\_\_\_ cocoa

## Lunches

- \_\_\_\_\_ Smoked summer sausage sandwiches, fresh fruit, cookies
- \_\_\_\_\_ Bagels, cream cheese, jelly, GORP
- \_\_\_\_\_ Tuna salad on pita bread, fresh fruit, GORP
- \_\_\_\_\_ Peanut butter and jelly sandwiches, sesame sticks/fruit bits
- \_\_\_\_\_ Beef jerky, dried fruit, Hungry Jack Granola Bar
- \_\_\_\_\_ Grilled cheese sandwiches, chicken noodle soup, fruit leather
- \_\_\_\_\_ Colby cheese on pita bread, fresh fruit, cookies
- \_\_\_\_\_ Creamy wild rice soup, crackers, dried fruit
- \_\_\_\_\_ Sweet corn and black bean chowder, crackers, dried fruit
- \_\_\_\_\_ Cheesy vegetable chowder (w/ your fish), crackers, fruit bits
- \_\_\_\_\_ Bean and nacho cheese wraps, fruit, cookies

## Beverages

- Please indicate how many in your group would like the following beverages.
- \_\_\_\_\_ Gatorade
  - \_\_\_\_\_ Crystal Light
  - \_\_\_\_\_ instant iced tea
  - \_\_\_\_\_ water only

## Dinners

- \_\_\_\_\_ Chicken breast, cheddar/bacon potatoes, s'mores
- \_\_\_\_\_ Steak, hash browns, onions, s'mores
- \_\_\_\_\_ Bratwurst, garlic mashed potatoes, hot apple dessert, cookie
- \_\_\_\_\_ Santa Fe chicken, tortillas, chocolate pudding
- \_\_\_\_\_ Beef stroganoff, bannock bread, cookie
- \_\_\_\_\_ Sweet & sour chicken, Chex mix, chocolate cheesecake
- \_\_\_\_\_ Pesto pasta with smoked salmon, Chex mix, PB & choc bar
- \_\_\_\_\_ Beef stew, bannock bread, dessert bar
- \_\_\_\_\_ Pasta vegetable parmesan, bannock brd, peaches & cream(V)
- \_\_\_\_\_ Kraft Macaroni & cheese, beef stick, chocolate pudding (V)
- \_\_\_\_\_ Lasagna, bannock bread, cheesecake
- \_\_\_\_\_ Louisiana red beans & rice, mixed nuts, lemon pudding(V)
- \_\_\_\_\_ Risotto with chicken, bannock bread, cookie

## Beverages

- Please indicate how many in your group would like the following beverages.
- \_\_\_\_\_ Gatorade
  - \_\_\_\_\_ Crystal Light
  - \_\_\_\_\_ instant iced tea
  - \_\_\_\_\_ water only
  - \_\_\_\_\_ coffee, \_\_\_\_\_ ground \_\_\_\_\_ instant
  - \_\_\_\_\_ decaf coffee, \_\_\_\_\_ ground \_\_\_\_\_ inst.
  - \_\_\_\_\_ creamer \_\_\_\_\_ sugar
  - \_\_\_\_\_ black tea \_\_\_\_\_ decaf black tea
  - \_\_\_\_\_ green tea \_\_\_\_\_ herbal tea
  - \_\_\_\_\_ cocoa

Any special food requests? (e.g., mega coffee, light on fruit drink, food allergies, etc.):

Would you like whole wheat \_\_\_\_\_ or white \_\_\_\_\_ bread?

Please **cross out** any of the following items you do **not** need or wish to carry: tea soup dry milk margarine cooking oil salt pepper catsup mustard shore lunch supplies for cooking your fish

We do pack snacks for your group.

Cleaning supplies for dishes, pot scrubber, dish towel, matches, pulley system for hanging food pack, & toilet paper **are** included.

Please fill out the menu planner and return to:

Hungry Jack Outfitters  
318 South Hungry Jack Rd.  
Grand Marais, MN 55604

*Menus can transferred via e-mail to [info@hjo.com](mailto:info@hjo.com)*

Feel free to call with any questions you may have.

218-388-2275  
800-648-2922